

What is claimed is:

1. A disposable protection device for a portion of an individual's body comprising:
 - a cover layer for partially encompassing said body portion;
 - an elastic portion coupled to a first portion of said cover layer; and
 - an adhesive portion coupled to a second portion of said cover layer.
2. The disposable protection device of claim 1 wherein said cover layer is constructed of a water-repellant material.
3. The disposable protection device of claim 2 wherein said water-repellant material is selected from the group consisting of polymers and fabrics.
4. The disposable protection device of claim 1 wherein said elastic portion contains an elastic material.
5. The disposable protection device of claim 4 wherein said elastic material is selected from the group consisting of nylon, cotton, lycra, and elastic polymers.

6. The disposable protection device of claim 1 wherein said elastic material is coupled to said first portion by an adhesive.
7. The disposable protection device of claim 1 wherein said elastic material is coupled to said first portion by a heat weld.
8. The disposable protection device of claim 1 wherein said elastic material is coupled to said first portion by a radio frequency weld.
9. The disposable protection device of claim 1 wherein said adhesive portion contains an adhesive material.
10. The disposable protection device of claim 1 wherein said adhesive material is coupled to said second portion by an adhesive.
11. The disposable protection device of claim 1 wherein said adhesive material is coupled to said second portion by a heat weld.

12. The disposable protection device of claim 1 wherein said adhesive material is coupled to said second portion by a radio frequency weld.

13. A method for protecting a portion of an individual's body from exposure to environmental media, said method comprising the steps of:

providing a cover layer for partially encompassing a body portion;

coupling an elastic portion to a first portion of said cover layer; and

coupling an adhesive portion to a second portion of said cover layer.

14. The method according to claim 13 further comprising the steps of:

positioning said cover layer over said body portion;

securing said elastic portion adjacent to said body portion; and

adhering said adhesive portion to said individual.